

IN MY SHOES

Choreography by Jgor Pasin (Country Lovers – 2016)
 Couple dance – level intermediate (32counts)

Fast music: “Rocks in your shoes” by Emily West
Slow music: “Tough” by Justin McBride (with 1 restart)

youtube channel: countryloverspadova
<https://www.youtube.com/watch?v=xZUtNhsimBw>

Start Position: Man and woman in front of each other, man's right hand holds the woman's left hand, man's left hand holds woman's right

Section 1 man: kick ball step, rock & turn ¼ turn right, shuffle ½ turn right, rock back
Section1 woman: kick ball step, rock & turn ¼ turn right, coaster step, step right ½ turn right, step left ½ turn right

Man		Woman
1&2	Kick right, right on place, left forward diagonal left	Kick right, right on place, left forward diagonal left
Man's left hand leaves the woman's right hand		
3&4	Right forward, return with weight on the left, right to the right ¼ turn right	Right forward, back with weight on the left, right to the right ¼ turn right
Lift man's right hand and woman's left hand		
5&6	Left, right, left ½ turn to right	Left back, right next to the left, left forward
7, 8	Right back, return with the weight on the left	Step right on place and ½ turn to right, step left on place and ½ turn to right
Lower man's right hand and woman's left hand and leave hands		

Section 2 man: shuffle side, coaster step ¼ turn left, step x 4
Section 2 woman: cross & cross, side & step ¼ turn right, step x 4 full turn left

Man		Woman
1& 2	Right to right, left close to the right, right to right	Right to right crossed over the left, left to left, right to right crossed over the left
Man's left hand takes the woman's right hand		
3&4	Left to left crossed behind the right ¼ turn left, right next to the left, left forward	Left to left ¼ turn right, right next to the left, left forward
Lift man's right hand and woman's left hand		
5,6,7,8	Steps right, left, right, left on place	Steps right, left, right, left on place making one full turn left
The man takes the woman's left hand with his right hand		

(pag.1)

Section 3 man: side & cross, side & cross, rock turn ¼ turn left, shuffle ¼ turn right

Section 3 woman: side & cross, side & cross, step right ¼ turn right, step left ½ turn right, shuffle ¼ turn right

Man		Woman
1&2	Right to right, left to right behind the right, right to left, hold	Right to right, left to right behind the right, right to left, hold
3&4	Left to left, right to left behind the left, left to left, hold	Left to left, right to left behind the left, left to left, hold
Lift man's left hand and woman's right hand		
5, 6	Right to right ¼ turn left, return with the weight on the left	Right to right ¼ turn right, left forward ½ turn right
Lower man's left hand and woman's right hand		
7&8	Steps right, left, right forward and ¼ turn right	Steps right, left, right forward and ¼ turn right

Sezione 4 man: cross, side, shuffle back, rockin' chair

Sezione 4 woman: cross, side, shuffle back, rockin' chair

Man		Woman
Man's right hand leaves woman's left hand		
1, 2	Left to right crossed over the right, right to right	Left to right crossed over the right, right to right
Lift man's left hand and woman's right hand		
3&4	Left back, right next to the left, left back diagonally to left	Left back, right next to the left, left back diagonally to left
Man's right hand takes the woman's left hand		
5,6,7,8	Right forward, return on the left, right back, return on the left	Right forward, return on the left, right back, return on the left

(pag.2)

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